

ALL ABOUT THAT BASS

LEVEL: Intermediate

MUSIC: Meghan Trainor

LENGTH: 3:09 Mins

CHOREO: Josh "Clogdog" King (Victoria, Australia)

SPEED: Normal

Visit www.theclogdog.com for cue sheets & videos!

SEQUENCE: CH – VERSE – BRIDGE – CH – 1/2 VERSE – BRIDGE – BREAKOUT – CH – CH – 1/2 BRIDGE

WAIT: Start after "Because you know it's..." LEFT FOOT LEAD

Beats	Movement	Beats	Movement	Beats	Movement
CHORUS (32 beats)		CHORUS (32 beats)		BREAKOUT (32 beats)	
8	That Bass	8	That Bass	8	4 Booty Rolls
8	Rock Cross & Shake	8	Rock Cross & Shake	8	4 Boogie Claps
8	That Bass	8	That Bass	8	4 Booty Rolls
8	Rock Cross & Shake	8	Rock Cross & Shake	8	4 Boogie Claps
					(see notes re: alternates)
VERSE 1 (64 beats)		1/2 VERSE (32 beats)		CHORUS (32 beats)	
8	Turkey Tap	8	Turkey Tap	8	That Bass
8	Stomp Burton	8	Stomp Burton	8	Rock Cross & Shake
	Turnaround (3/4R)		Turnaround (1/2 R)	8	That Bass
8	Turkey Tap	8	Turkey Tap	8	Rock Cross & Shake
8	2 Step Slur Brush	8	2 Step Slur Brush (1/2L)		
	(1/4L)			CHORUS (32 beats)	
8	Turkey Tap	BRIDGE (64 beats)		8	That Bass
8	Stomp Burton	8	4 Rock Latins (FWD)	8	Rock Cross & Shake
	Turnaround (3/4R)	4	Half Rock Slur	8	That Bass
8	Turkey Tap	4	Triple (360R)	8	Rock Cross & Shake
8	2 Step Slur Brush	8	4 Basics (Back)		
	(1/4L)	8	Windsternado	1/2 BRIDGE (32 beats)	
BRIDGE (64 beats)		8	4 Rock Latins (FWD)	8	4 Rock Latins (FWD)
8	4 Rock Latins (FWD)	4	Half Rock Slur	4	Half Rock Slur
4	Half Rock Slur	4	Triple (360L)	4	Triple (360R)
4	Triple (360R)	8	4 Basics (Back)	8	4 Basics (Back)
8	4 Basics (Back)	5	Short Windsternado	5	Short Windsternado
8	Windsternado	3	Pause 3 beats		
8	4 Rock Latins (FWD)				
4	Half Rock Slur				
4	Triple (360L)				
8	4 Basics (Back)				
5	Short Windsternado				
3	Pause 3 beats				



Step Explanations for: 'All About That Bass' - Choreo by: J. King

THAT BASS: (8)

(P)STO DS S S CLAP S S CLAP (P) TW/TW(H's L) (P) TW/TW(H's R) (P) (P)
L R L R L R L/R L/R
& 1 &2 & 3 & 4 & 5 & 6 & 7 & 8

ROCK CROSS & SHAKE: (8)

RS(XIF) (P) (P) RS(XIB) (P) (P) [turn 1/2R] SHAKE SHAKE (P) (P)
LR SNAP LR SNAP (Hips to R)
&1 & 2 &3 & 4 & 5 &6 &7 & 8

TURKEY TAP: (8)

S(OTS) PULL(CLOSE) S(IB) R H-FLAP S(IB) H-FLAP S(IB) BR(FWD) BR(BK) S RS
L R R L R R L R R L R R R LR
1 & 2 & 3 & 4 & 5 & 6 & 7 &8

STOMP BURTON TURN AROUND: (8) in this dance turn 3/4 or FULL R

(P)STO DT(XIF) SL DT(X) SL [BA BA BA] (1/2R) S-DR-SL DS RS
L R L R L R L R L L L R LR
& 1 & 2 & 3 & 4 & 5 & 6 &7 &8

STEP SLUR BRUSH: (4)

(P) S SLR-S(XIB) DS BR SL
L R R L R L
& 1 & 2 &3 & 4

ROCK LATIN: (2)-in this dance move fwd.

DS R(OTS) S(BS)
L R L
&1 & 2

HALF ROCK SLUR: (4)

DS SLR-S(XIB) R S(F) SLR-S(XIB)
L R R L R L L
&1 & 2 & 3 & 4

TRIPLE: (4)

DS DS DS RS
R L R LR
&1 &2 &3 &4

BASIC: (2)

DS RS
L RL
&1 &2

WINDSTERNADO: (8)

DS DT(XIF) SL DT(X) SL RS RS (P) (P) RS RS
L R L R L RL RL RL RL
&1 & 2 & 3 &4 &5 & 6 &7 &8

SHORT WINDSTERNADO: (5)

DS DT(XIF) SL DT(X) SL RS RS
R L R L R LR LR
&1 & 2 & 3 &4 &5

BOOTY ROLLS: (2)

(P)S(IF) PVT (1/4L) S (on the PVT roll your hips forward)
L R
& 1 & 2

BOOGIE CLAPS: (4)

(P) S(OTS) (P) TCH/CLAP CLAP (P) S(OS) TCH/CLAP
L R R L
& 1 & 2 & 3 & 4

NOTES:

On BREAKOUT:

Split the dancers in to 2 groups (every other person) as such:

1 2 1 2 1 2 1 2

#1's will do the 4 Booty Rolls, 4 Boogie Claps, 4 Booty Rolls, 4 Boogie Claps
#2's will do the 4 Boogie Claps, 4 Booty Rolls, 4 Boogie Claps, 4 Booty Rolls

BONUS! Alternate "TURKEY TAP" for start of 1/2 VERSE

SEXY TURKEY TAP: (8)

Circle hips for 4 ct - H-FLAP S(IB) BR(FWD) BR(BK) S RS
R R L R R R LR
1 - 2 - 3 - 4 & 5 & 6 & 7 &8