

Best Years Of Our Lives

Intermediate Line

Music: by the Baha Men, on the soundtrack album to Shrek

Choreo: Josh "ClogDog" King, www.theclogdog.com

Intro: Wait 16 Beats. Start Left Foot.

(a CLOGDOG Routine!)

SEQUENCE: Intro - A - B - A - B - Bridge - A - B - Rap - B - B

INTRO

S(os) S(ib) S(os) Kick(b) Lift R knee In-out-in-out "Funky slide"
L R L R
1 2 3 4 5 6 7 8

REPEAT INTRO TO RIGHT. OPPOSITE FOOTWORK.

PART A

DS DS(xif) S(os) -slide- S(ib) S(os) Sk Click Click Click(360L) RS "Baha Slide"
L R L R L R L L L RL
&1 &2 & (3) & 4 & 5 6 7 &8

DS DS DS RS (½ L) DS DT(up) S S S(ib) Chug "Triple turn"
R L R LR L R R L R L "Only Wanna"
&1 &2 &3 &4 &5 &6 & 7 & 8

REPEAT ALL OF PART A...SAME FOOTWORK TO FACE FRONT.

PART B

S(xif) Tch(os) S(xif) Tch(os) H-S H-S H-S H-Jump(Fwd) "Disco"
L R R L L L R R L L R Both "Heel Steps"
1 2 3 4 & 5 & 6 & 7 & 8

Knees In-out-in-out-in Bounce Jump "Chicken Legs"
B o t h LxifR Both
1 & 2 & 3 & 4

ST DS DS RS(360 R) "Stomp Double"
R L R LR

DS RS(¼ R) DS RS(¼ R) H-S RS H-S RS(½ R) "2 Basics"
L RL R LR L R LR L R LR "Heel Rock"
&1 &2 &3 &4 & 5 &6 & 7 &8

DS DT(xif) DT(x) S S S Chug S S S Chug *pause* Step "Super Hi Horse"
L R R R L R L L R L R R R
&1 &2 &3 & 4 & 5 & 6 & 7 (&) 8

BRIDGE

S(os) Tch(tog) -out-in-out- Step RS RS RS(360R) "Slide Trombone"
L R R R R R LR LR LR "Chain around"
1 2 3 & 4 5 &6 &7 &8

DS Kick T-S Tch(ib)-SL DS DS RS RS(½ R) "Kick Charleston"
L R R R L R L R LR LR "Fancy Double"

Hip L-R-L-R S(if) -pivot ½ R- S Step Step Clap "Hip Thing"
L L R L R "Pivot Turn"
1 2 & 3(4) 5 (&) 6 & 7 8

R(if)-S SRS R(if)-S S Tch - Clap "Cha Cha"
L R LRL R L R L
1 1 3&4 5 6 & 7 8

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RAP

DS S(ib) S S S(ib) S S DS DS DS RS(360R) "Joey"
L R L R L R L R L R "Triple turn"

S S(fwd) S S(b) S S(fwd) S S(b) S(os) S(os) Hop(RxifL) *turn 360L* Clap "Jiggy"
L R L R L R L R L R B "Cross Turn"
& 1 & 2 & 3 & 4 & 5 6 7 8

Shimmy L - (lift) Shimmy R - (lift) "Shimmy"
R L
1 & 2 3 & 4

S(os) -slide- S(ib) R-S(os) -slide- S "Slide"
L R L R L
5 6 & 7 8

DS DS DS RS(360 R) "Triple"
R L R LR

S(os) [L arm out] - [R arm out] - Clap - Swing hips in a circle "Macaroni"
L
5 6 7 8