

MOVE YOUR FEET

Low-Advanced

Music: by Junior Senior

Choreo: Josh "ClogDog" King

www.theclogdog.com

Intro: Wait 12 Beats. Start Left Foot.

(a **CLOGDOG Routine!**)

SEQUENCE: A - B - C - A - B - C - A - B - Break - A*

PART A

DS DS(xib) R-S(os) [turn 360L] S S S Sk-Hop Br-S S Dbl-S Tch Chug "MJ Spin"
L R L R L R L R L R R L R R L L
&1 &2 & 3 4 & 5 a & a 6 & a7 a & 8

DS DT(xif) DT(x) Bo Jump(apart) -- Lift (pvt on R) Step DS RS "Short Scotty"
L R R B B L (turn ½ R) L R LR
&1 &2 &3 & 4 5 6 &7 &8

DS DS(xib) R-S(os) [turn 360L] S S S Sk-Hop Br-S S Dbl-S Tch Chug "MJ Spin"
L R L R L R L R R L R R L L

DS DT(xif) DT(x) Bo Jump(apart) "Long Scotty"
L R R B B
&1 &2 &3 & 4

Lift(½ R) S Lift(½ L) Step Lift(½ R) S - Bo B/H Chug
L L R R L L B R L L
5 6 7 8 1 2 3 & 4

PART B

(Turn ½ R on cts 5 - 8)

DS(if)/Tuck S S S(if)/Tuck S S S Dbl-S Tch S Dbl-S Tch Chug "Double Tuck"
L R R L R L L R L R R L L R R L L
&a1 2 & 3 4 & 5 a& a 6 & a7 a & 8

DS/Heel S S S(os)/Heel S S S(os)/Heel S RS Br-SL "Heel Pull"
L R R L R L L R L R R LR L R
&a 1 2 & 3 4 & 5 6 &7 & 8

REPEAT ALL OF PART B, SAME FOOTWORK TO FACE FRONT.

PART C

DS Hop Hop - S(xif) RS RS DS(xif)/Brk - Bo/H Bo/H Chug "Kick It Over"
L L L R LR LR L R R L R L L
&1 & 2 3 &4 &5 &a 6 7 & 8

S RS(to Left) - S RS(to Right) - S S S Tch(turn 360L) "Push L & R"
L RL R LR L R L R "Turn 3 & Touch"
1 &2 3 &4 5 6 7 8

S(os) -slide- S(tog)/Clap SL DR SL S(os) S(tog) Clap SL DR SL "Slide"
R L B B B L R B B B "Over/log"
1 (&) 2 3 & 4 5 & 6 7 & 8

...PART C CONTINUED ON PAGE 2...

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PART C (continued)

DS Dbl-Hop Tch DS Dbl-Hop Tch (½ L) "2 Canadians"
L R L R R L R L
&1 a& a 2 &3 a& a 4

Hop(apart) Hop(RxifL) [turn ½ L] Clap "Cross Turn"
B B
5 6 (7) 8

BREAK

S Dbl-R(ib)-S Dbl-R(ib)-S S Dbl-R(ib)-S Dbl-R(ib)-S "Synchopated"
L R R L R R L R L L R L L R
1 &a 2 & 3a & 4 5 &a 6 & 7a & 8

S S S(to Left) -- S S S(to Right) -- S S S S(Fwd) "3 Step Jog"
L R L R L R L R L R L R "Walk 4"
1 & 2 3 & 4 5 6 7 8

PART A*

DS DS(xib) R-S(os) [turn 360L] S S S Sk-Hop Br-S S Dbl-S Tch Chug "MJ Spin"
L R L R L R L R L R R L R L L

DS DT(xif) DT(x) Bo Jump(apart) -- Lift (pvt on R) Step DS RS "Short Scotty"
L R R B B L (turn ½ R) L R LR

REPEAT "MJ SPIN" & "SHORT SCOTTY" TO FACE FRONT.

DS DS(xib) R-S(os) [turn 360L] S S S Sk-Hop Br-S S Dbl-S Tch Chug "MJ Spin"
L R L R L R L R R L R R L L

DS DT(xif) DT(x) Bo Jump(apart) "Long Scotty"
L R R B B
&1 &2 &3 & 4

Lift(½ R) S Lift(½ L) Step Lift(½ R) S - Bo B/H Chug **(End up facing Back!)**
L L R R L L B R L L
5 6 7 8 1 2 3 & 4

S S S S(Fwd) S(if)-[Pvt ½ R]-Step Step(xib) Bow Head "Walk 4"
L R L R L R L "Pivot & Bow"
1 2 3 4 5 6 7 8