

The Remedy

Advanced Line

Music: by Jason Mraz, on the album Waiting For My Rocket To Come

Choreo: Josh "ClogDog" King www.theclogdog.com

Intro: Wait 16 Beats. Start Left Foot.

(a **CLOGDOG Routine!**)

SEQUENCE: Intro - A - B - C - Intro - A - B - C - Bridge - B - C - C

INTRO "Canadian 8, Canadian 7"

DS Dbl-Hop Dbl-Hop TB Dbl-S Dbl-S(xif) TB Dbl-Hop Dbl-Hop TB Dbl-Hop Tch
L R L R L RR L L R R LL R L R L RR L R L
&1 a& a 2a & a3 a& a 4a & a5 a& a 6a & a7 a& a 8

DS Dbl-Hop Dbl-Hop TB Dbl-S Dbl-S(xif) TB Dbl-S Dbl-S S Stamp
L R L R L RR L L R R LL R R L L R L
&1 a& a 2a & a3 a& a 4a & a5 a& a 6a & a 7 (pause 8)

PART A

DS DS/Heel Chug S Sk-Hop Br-S(if) S(ib) Br-S S Sk-Hop Br-S(if) "Clogdog"
L R L L L R L R R L R R L R L R R
&1 &a2 & 3 a & a 4 a & a 5 a & a 6

S(ib) Br-S S Sk-Hop Br-S(if) DS Dbl-Hop Tch DS Dbl-Hop Tch(½ L) "Canadians"
L R R L R L R R L R L R R L R L
a & a 7 a & a 8 &1 a& a 2 &3 a& a 4

DS Dbl-Hop Tch Jump Br-S Tch Chug "Can. Jump"
L R L R B R R L L
&5 a& a 6 & 7 a & 8

REPEAT ALL OF PART A TO FACE FRONT. SAME FOOTWORK.

PART B "Double Tuck"

DS/Tuck S S S(if) [pvt 360 L] S S S Sk-Hop Br-Hop T-Hop Sk-Hop Br-S T-Hop
L R R L R L R L R L R L R L R R L R
&a1 2 & 3 4 & 5 a & a 6 a & a 7 a & a 8

DS/Heel [jump] S HB HB Stamp-Chug "Double Heel Jump"
L R R LL RR L L
&a1 (&) 2 a& a3 & 4

S/Dbl-Hop Dbl-Hop T(ib) H S S S Dbl-S Tch(½ R) "Quick Doubles"
L R L R L R R L R L R R L
& ea 5 a& a 6 a & a 7 a& a 8

Dbl-Dbl Dbl-Dbl Dbl-Dbl Dbl-Dbl S-Dbl-Hop S-Dbl-Hop Dbl-Dbl H-Chug(½ R) "Double Doubles"
R R R R L L L L L R L R L R R R L L
&a 1a &a 2a &a 3a &a 4a & ea 5 & ea 6 &a 7a & 8

DS R(if)S R(os)S S(ib)-SL R S(if) [pvt 360 L] T-B S S Dbl-S Tch "Mtn. Goat"
L R L R L R R L R L L R L R R L
&1 & 2 & 3 & 4 & 5 & 6 & 7 a& a 8

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PART C

"Rio Skuff"

DS/Dbl-Hop Dbl-Hop S Sk-Hop S Sk-Hop S(if) S Dbl-Hop T(ib)-Hop Step
L R L R L R L R L R L R L R L R L R
&a1 ea & ea 2 & a 3 & a 4 & 5 a& a 6 a &

Dbl-Hop T(ib)-Hop Stamp(if) **(MOVING FORWARD LEFT)**

L R L R L
a7 a & a 8

DS RS DS RS (360 L)

"2 Basics"

L RL R LR
&1 &2 &3 &4

Dbl-Bo Dbl-Bo Dbl-Dbl-Bo Chug

"Double Bounces"

L B R B L R B L
&a 5 &a 6 &a 7a & 8

REPEAT ALL OF PART C. SAME FOOTWORK, TO FORWARD RIGHT.

BRIDGE

DS S(ib) DS Br-SL($\frac{3}{4}$ L) R(xif) TB R(os) TB R(xif) TB R(os) TB "Slur Brush"
L R L R L R LL R LL R LL R LL "Rocks"
&1 2 &3 & 4 & a5 & a6 & a7 & a8

DS DS DS RS($\frac{3}{4}$ R) DS Dbl-Bo(tog) Jump Click(heels) S Tch-Chug "Triple"
R L R LR L R B B B R L L "Double Click"
&1 &2 &3 &4 &5 &a 6 & 7 a & 8

REPEAT ALL OF BRIDGE TO FACE FRONT. SAME FOOTWORK.