

Soak Up The Sun

Intermediate Line

Music: by Sheryl Crow, on the album *C'mon C'mon*

Choreo: Josh "ClogDog" King, www.theclogdog.com

Intro: Wait 16 Beats. Start Left Foot.

(a CLOGDOG Routine!)

SEQUENCE: I - I - A - ½ I(360) - A - B - I - A - Brk - B - Bridge - A - Brk* - B - B - Ending

INTRO

Kick RS Hip(R) Hip(R) S RS RS RS (½R) "Hip Kick"
L LR R LR LR LR "Chain Around"

REPEAT "HIP KICK" & "CHAIN AROUND".

PART A

DS H(if)-S DS S(ib) RS RS DS RS "Crow Vine"
L R R L R LR LR L RL
&1 & 2 &3 4 &5 &6 &7 &8

RS RS (360L) DS RS DS DS DS RS "Push It"
RL RL R LR L R L RL "Triple"
&1 &2 &3 &4 &5 &6 &7 &8

Repeat all of PART A. Opposite footwork and direction.

PART B

DS R-S(os) S(ib) R-S(os) S(ib) R-S(os) DS RS "Basic Slide"
L R L R L R L R L R LR
&1 & 2 3 & 4 5 & 6 &7 &8

DS D-Bo(if) (¼L) Hop Hop Jump (½R) Hop Hop Jump (½R) Chug RS (¼L) "Spidey"
L R B (R) L L B R R B L LR
&1 & 2 3 & 4 5 & 6 7 &8

DS Sk-Chug S S S Chug S S S Chug RS RS "Travel Skuff"
L R R R L R L L R L R RL RL
&1 & 2 & 3 & 4 & 5 & 6 &7 &8

DS DS DS RS(360R) DS RS DS RS "Triple"
R L R LR L RL R LR "2 Basics"

Repeat all of PART B. Same footwork to face Front.

BREAK

DS DS(xif) R-S(xib) R-S(xif) "Rooster"
L R L R L R

S S (¼L) [pt R arm up to sky] S S (¼L) [pt R arm down to floor] "Look up & down"
L R L R
& 1 (&2) & 3 (&4)

Repeat all of BREAK. Same footwork to face Front.

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BREAK*

Same as BREAK, but add...

Hop Hop Hop Hop (Turn 360 L, hand in the air)

B o t h F e e t

1 2 3 4

BRIDGE

Kick S(if) Tch(os) Kick S(if) Tch(os)

L L R R L

1 & 2 3 & 4

"Jazz Kick"

S Sk -turn $\frac{3}{4}$ L- S RS

L R R LR

5 6 7 &8

"Skuff Turn"

Repeat all of BRIDGE 3 more times in a box.

ENDING

DS R-S(os) S(ib) R-S(os) S(ib) R-S(os) DS RS

L R L R L R L R LR

&1 & 2 3 & 4 5 & 6 &7 &8

"Basic Slide"

DS D-Bo(if) ($\frac{1}{4}$ L) Hop Hop Jump($\frac{1}{2}$ R) Hop Hop Jump($\frac{1}{2}$ R) Chug RS($\frac{1}{4}$ L) "Spidey"

L R B (R) L L B R R B L LR

&1 & 2 3 & 4 5 & 6 7 &8

S(if) *Pvt $\frac{1}{2}$ R* S S S S S(Fwd) S(os) [Hands in air - "Rock On!"]

L R L R L R L

1 (&) 2 3 4 5 6 7