

STUCK

LEVEL: Intermediate
MUSIC: "Stuck" by Caro Emerald, on the album Deleted Scenes from the Cutting Room Floor
CHOREO: Josh "Clogdog" King - www.theclogdog.com
WAIT: 16 beats – LEFT FOOT LEAD
SEQUENCE: Intro-A-B-C-Intro-A-B-C-Intro-Break1-Break2-C-A-Intro

Beats / Movement

INTRO (16 beats)
 16 4 Jazz Box Stamps

PART A (32 beats)
 4 2 Basics
 4 Rocking Chair (1/4L)
 8 Ghostbuster Turn (3/4R)
 4 2 Basics
 4 Rocking Chair (1/4L)
 8 Ghostbuster Turn (3/4R)

PART B (32 beats)
 8 Heel Walk Vine
 4 2 Kicks (1/2L)
 4 Triple (1/2L)
 8 Heel Walk Vine
 4 2 Kicks (1/2R)
 4 Triple (1/2R)

PART C (64 beats)
 8 "Y" Slurs
 4 Triple (360R)
 4 Loop Basic
 4 Fancy Double
 4 Loop Basic
 4 Rocking Chair (1/2 L)
 4 Fancy Double
 8 "Y" Slurs
 4 Triple (360R)
 4 Loop Basic
 4 Fancy Double
 4 Loop Basic
 4 Rocking Chair (1/2 L)
 4 Fancy Double

Beats / Movement

INTRO (16 beats)
 16 4 Jazz Box Stamps

PART A (32 beats)
 4 2 Basics
 4 Rocking Chair (1/4L)
 8 Ghostbuster Turn (3/4R)
 4 2 Basics
 4 Rocking Chair (1/4L)
 8 Ghostbuster Turn (3/4R)

PART B (32 beats)
 8 Heel Walk Vine
 4 2 Kicks (1/2L)
 4 Triple (1/2L)
 8 Heel Walk Vine
 4 2 Kicks (1/2R)
 4 Triple (1/2R)

PART C (64 beats)
 8 "Y" Slurs
 4 Triple (360R)
 4 Loop Basic
 4 Fancy Double
 4 Loop Basic
 4 Rocking Chair (1/2 L)
 4 Fancy Double
 8 "Y" Slurs
 4 Triple (360R)
 4 Loop Basic
 4 Fancy Double
 4 Loop Basic
 4 Rocking Chair (1/2 L)
 4 Fancy Double

INTRO (16 beats)
 16 4 Jazz Box Stamps

Beats / Movement

BREAK 1 (64 beats)
 4 Long Slide
 4 2 Basketball Turns
 8 2 Heartbeats
 8 4 Toe-Heel Touch-Ups
 8 2 Slur Brushes
 4 Long Slide
 4 2 Basketball Turns
 8 2 Heartbeats
 8 4 Toe-Heel Touch-Ups
 8 2 Slur Brushes

BREAK 2 (32 beats)
 32 8 Jazz Box Stamps
(SEE NOTES)

PART C (64 beats)
 8 "Y" Slurs
 4 Triple (360R)
 4 Loop Basic
 4 Fancy Double
 4 Loop Basic
 4 Rocking Chair (1/2 L)
 4 Fancy Double
 8 "Y" Slurs
 4 Triple (360R)
 4 Loop Basic
 4 Fancy Double
 4 Loop Basic
 4 Rocking Chair (1/2 L)
 4 Fancy Double

PART A (32 beats)
 4 2 Basics
 4 Rocking Chair (1/4L)
 8 Ghostbuster Turn (3/4R)
 4 2 Basics
 4 Rocking Chair (1/4L)
 8 Ghostbuster Turn (3/4R)

INTRO (16 beats)
 16 4 Jazz Box Stamps

JAZZ BOX STAMP : (4)

T-H(os) T-H(xif) T-H(ib) Stamp(os)
 L L R R L L R
 1 & 2 & 3 & 4

BASIC : (4)

DS RS
 L RL
 &1 &2

ROCKING CHAIR : (4)

DS BR-SL DS RS
 L R L R LR
 &1 & 2 &3 &4

GHOSTBUSTER TURN : (8)

DS DT(xif) DT(x) B B B S DS RS BR-SL (This dance, turn ¾ R on counts 4 & 5)
 L R R R L R L R LR L R
 &1 &2 &3 & 4 & 5 &6 &7 & 8

HEEL WALK VINE : (8)

DS Heel Heel S S Heel Heel S S DS RS RS(moving L)
 L R L R L R L R L R LR LR
 &1 & 2 & 3 & 4 & 5 &6 &7 &8

KICK : (2)

DS BR-SL
 L R L
 &1 & 2

TRIPLE : (4)

DS DS DS RS
 L R L RL
 &1 &2 &3 &4

LOOP BASIC : (4)

DS S(ib) DS RS
 L R L RL
 &1 2 &3 &4

FANCY DOUBLE : (4)

DS DS RS RS
 L R LR LR
 &1 &2 &3 &4

"Y" SLURS : (8)

DS Slur-S(xib) R-S(os) Slur-S(xib) R-S(os) Slur-S(xib) R-S(os) Slur-S(xib)
 L R R L R L L R L R R L R L L
 &1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

LONG SLIDE : (4)

S(os) *slide R foot together slowly* LIFT
 L R
 1 (2 & 3 &) 4

BASKETBALL TURN : (2)

S(if) *pivot ½R* S
 L R
 1 (&) 2

HEARTBEAT : (4)

STA(if) *pause* STA STEP *pause*
 R R R
 1 (&2) & 3 (&4)

TOE-HEEL TOUCH-UPS : (2)

TOE(os)-HEEL TCH(tog)-SL
 L L R L
 & 1 & 2

SLUR BRUSH : (4)

DS SLUR(ib) S(xib) DS BR-SL
 L R R L R L
 &1 & 2 &3 & 4

NOTES:

On Break 2:

Split the dancers in to 4 separate groups by "columns" as such:

1 1 2 2 3 3 4 4
 1 1 2 2 3 3 4 4
 1 1 2 2 3 3 4 4

#1's will do the first 2 'Jazz Box Stamps' by themselves and continue doing the remainder
 #2's will wait for 8 beats, and then join in on the 2nd set of 'Jazz Box Stamps'
 #3's will wait for 16 beats, and then join in on the 3rd set of 'Jazz Box Stamps'
 #4's will wait for 24 beats, and then join in on the 4th set of 'Jazz Box Stamps'